

# Exploring the Seven Sacred Teachings



## Student Activity Booklet

Name: \_\_\_\_\_

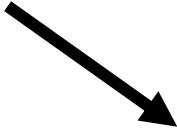
# Introduction

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Instructions: Draw a line from each animal word to the matching photo. Then, draw a line to connect the teaching to the animal it represents.

Wolf



Love

Turtle

Respect

Eagle



Honesty

Bear



Courage

Raven



Wisdom

Beaver



Humility

Bison



Truth

# "7" - William Prince

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo  
Ooh-hoo

May your love be pure like an eagle  
Wisdom be under every stone you turn  
Let truth be your key to freedom and bind you  
To the path that holds the light

We're the reason that there's seven sins and teachings  
Each one can wait the other out  
Life is two wolves, good and evil, who you feeding?  
Tell me are you in or are you out?

Be honest and honour each other  
Don't make a promise that you'll have to break  
Have forgiveness when there's only hatred  
Stand up for good for goodness sake

May your mind be vast like the ocean  
Salvage the lesson from each storm you survive  
Let honesty lead you 'cross the sea, forever keep you  
On the current that carries the light

In this world that's growing older faster  
Humility will keep your spirit young  
When you're looking far into the future  
Don't forget how far you've already come

Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo

May your strength be abundant everlasting  
Joy bring peace to your life  
Surrender your heart to the seven  
Keep to the path that holds the light

Let respect be the law by which you're driven  
'Cause respect it gets earned it ain't given  
To our brothers and sisters born with two spirits  
May you find the courage to reconcile

'Cause in this world that's growin' older faster  
Humility will keep your spirits young  
When you're lookin' far into the future  
Don't forget how far you've already come

Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo  
Ooh-hoo, ooh-hoo

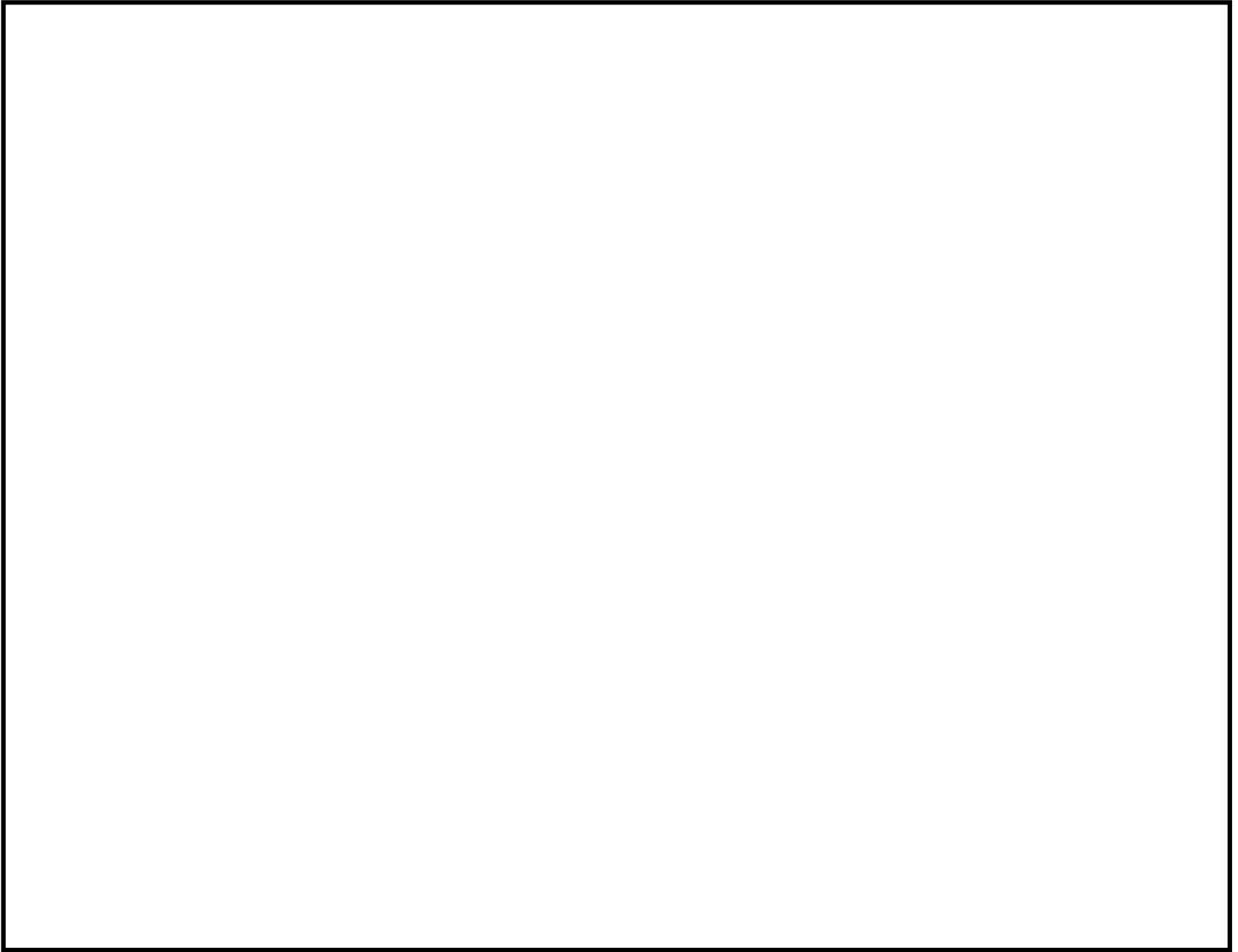
May your love be pure like an eagle  
Wisdom be under every stone you turn  
Let truth be your key to freedom and bring you  
To the path that holds the light

# Love

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Draw a picture of yourself with someone you love. Then complete the sentence. Include an eagle or an eagle feather to represent the teaching.



I love you because \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Respect

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Draw a picture of an animal, a person, and something in nature you respect.

Then complete the sentence.

Animal

I respect \_\_\_\_\_

by \_\_\_\_\_

Person

I respect \_\_\_\_\_

by \_\_\_\_\_

Nature

I respect \_\_\_\_\_

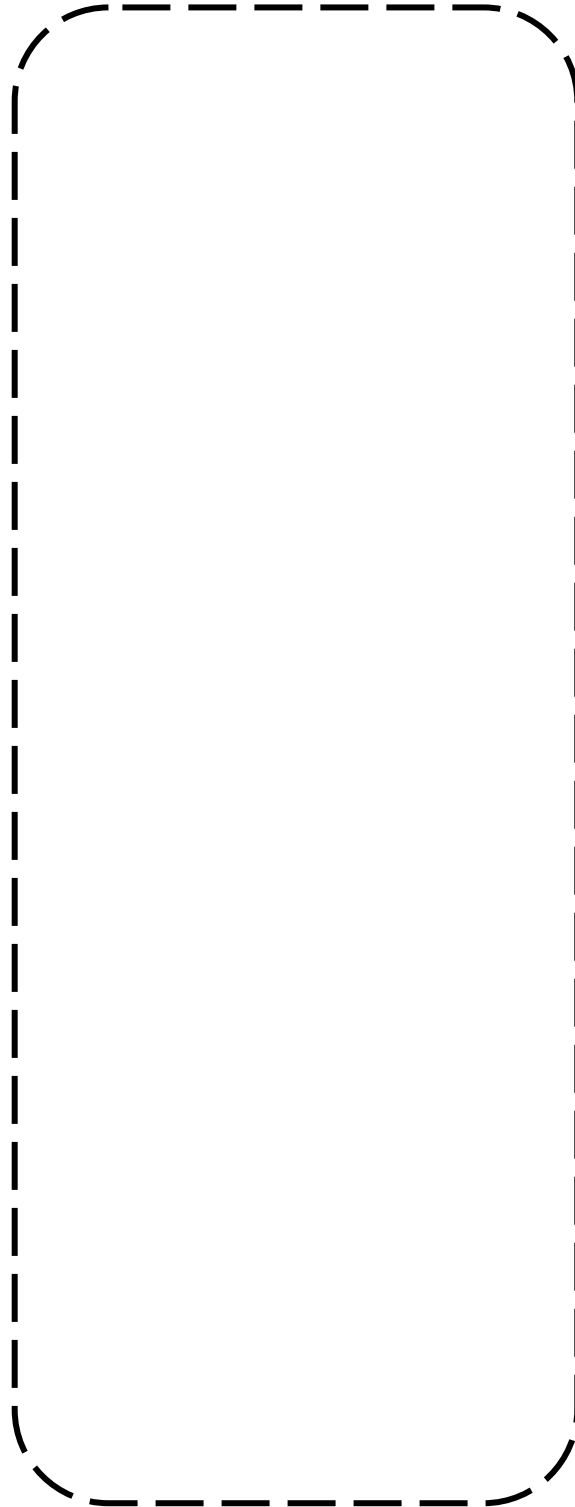
by \_\_\_\_\_

# Honesty

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Cut out the bookmark by following the dotted line. Draw a picture of a raven, sabe or another animal that will remind you of the teaching. Write words or phrases that represent honesty.

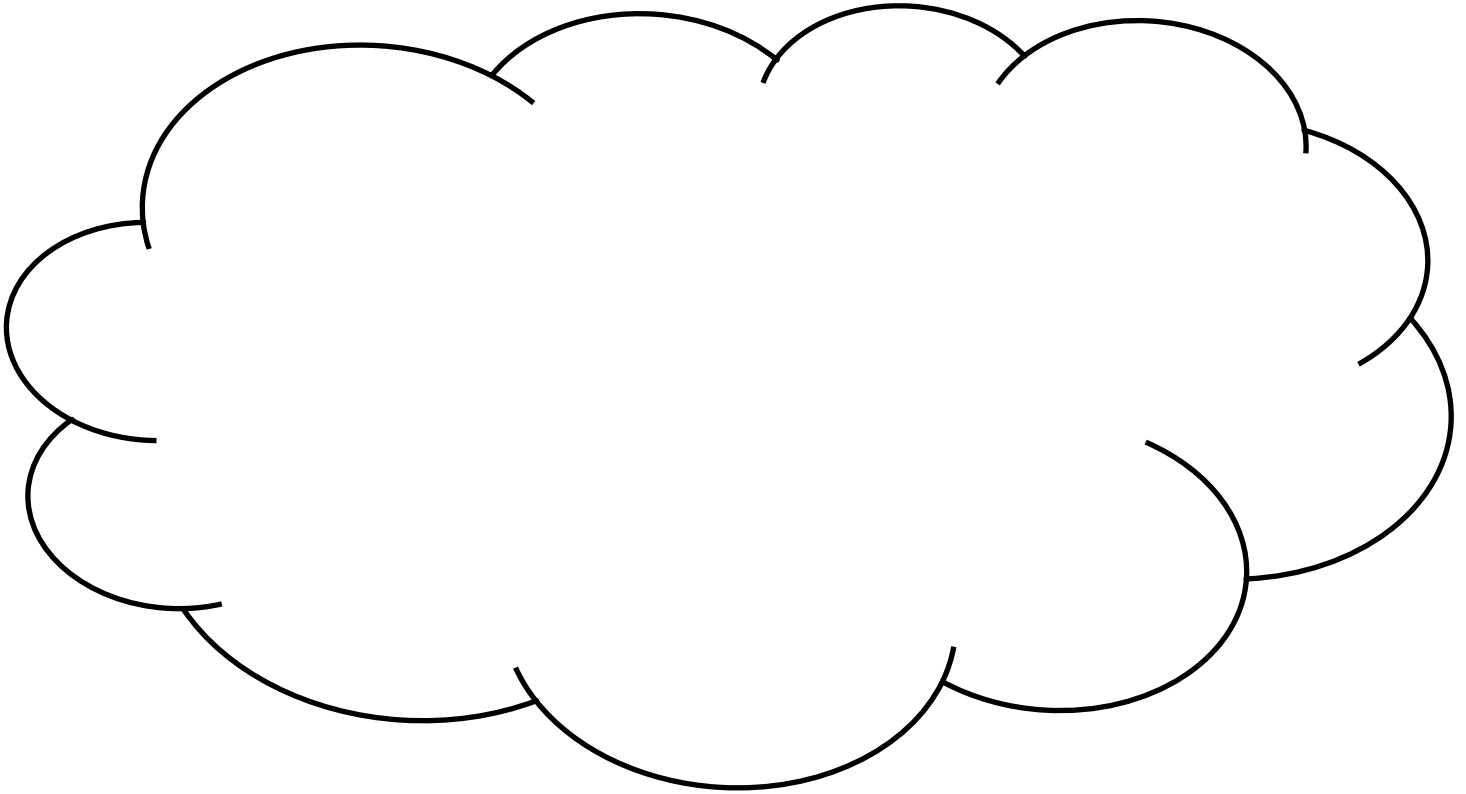


# Courage

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Brainstorm different ways you can show courage. Write them in the cloud below. Then think of a time you showed courage and write and/or draw between the dotted lines. Cut out the strip of paper by following the dotted lines. Draw a bear or another animal you feel represents courage and bravery on the back.



I showed courage when

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

# Wisdom

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Pick one person that made a positive difference in your life. Draw a picture that represents the wisdom you gained from the person. Write a few words thanking the person for sharing their wisdom with you by finishing the sentence.



Thank you for \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

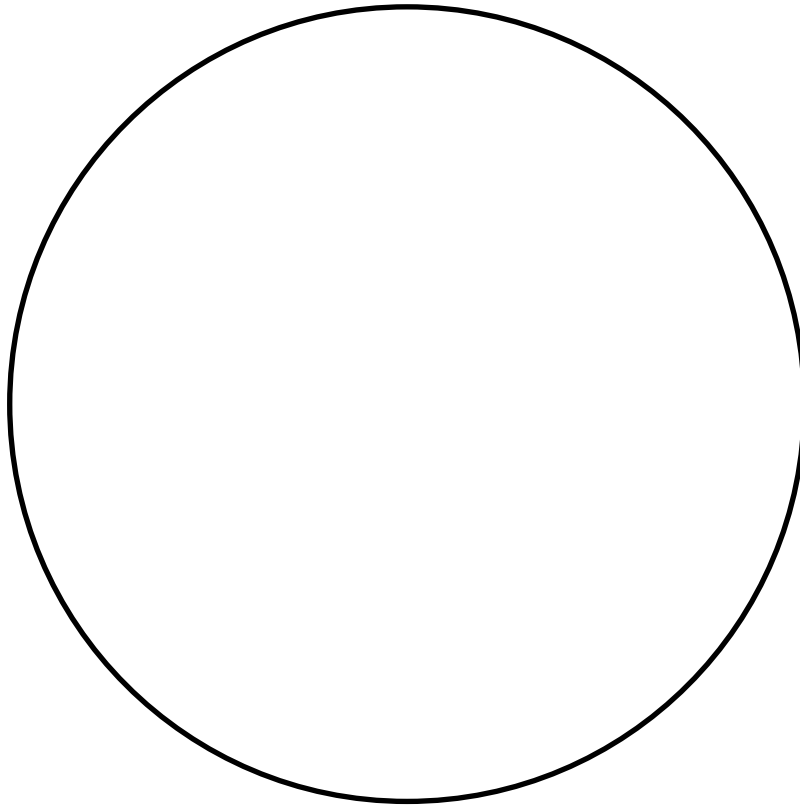
# Humility

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Draw a picture of yourself in the circle. Write or draw your roles and responsibilities outside of the circle.

## My Roles and Responsibilities



# Truth

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions:** Create your own piece of art on the turtle's back. Include animals from the Seven Sacred Teachings and one thing you have learned. Cut out the turtle once you are finished.

